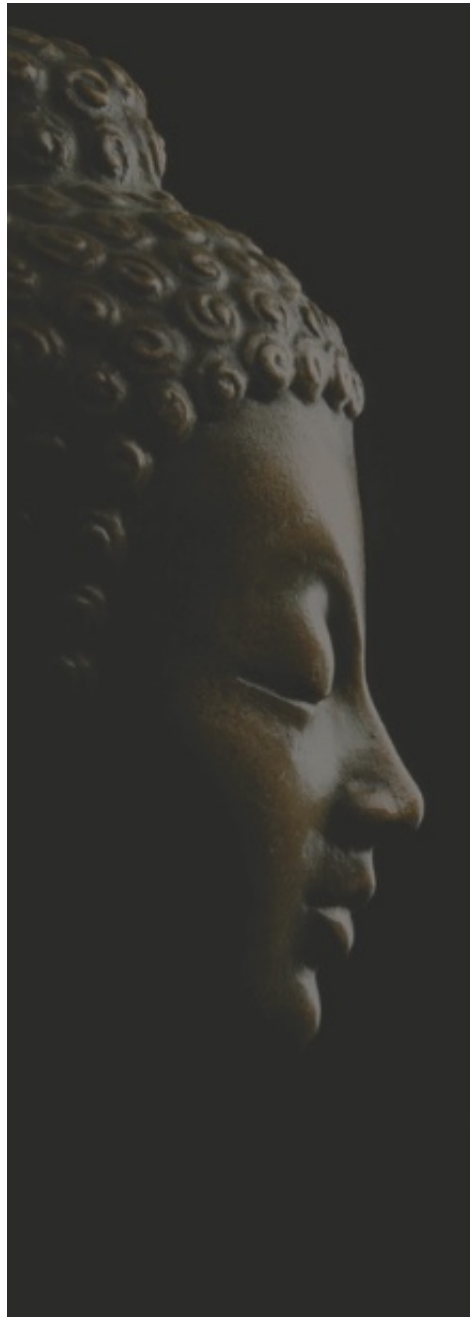


# KANZ NEWS – December 2018

[www.kanz.org.nz](http://www.kanz.org.nz)



**Why do you need ideals?**

Like most people, you have ideals, have you not? And the ideal is not real, not factual; it is what should be; it is something in the future, a fiction, a myth, unreal. Now, what I say is this; forget the ideal, and be aware of what you are. Do not pursue what should be, but understand what is. The understanding of what you actually are is far more important than the pursuit of what should be. Why? Because, in understanding what you are, there begins a spontaneous process of transformation.

(Source: Think On These Things)

You are violent – violent in your gesture, in your thought, in your feeling, in your action. Why can't you look at that violence? Why need you have an ideal of non-violence? The fact is you are violent, and the ideal is non-factual; so you create a contradiction in yourself, and therefore prevent yourself from looking at the fact of violence. When you look at a fact you can deal with it. Then the fact brings about an intensity of action in the immediate. When I have no ideal of non-violence, I can deal with the fact, directly, instantly.

(Source: The Collected Works, Vol.XV)

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**The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".**

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram

for the reader's interest and reflection on the key themes of this exhibition.

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## Krishnamurti Foundation Trust Development Director Visits New Zealand – February 2019



Bill Taylor, originally from New Zealand, will be here during February 2019 to give a series of presentations about his work with the Krishnamurti Foundation Trust and Brockwood Park School.

Bill is the Development Director of the Krishnamurti Foundation Trust, England

### Meeting Dates

**14/2/19 Kaitaia** – 7pm to 9pm, Far North REAP Centre, 33 Puckey Avenue, Contact: Warren Snow – warren@entrust.org.nz / 021 011 923

**16/2/18 Christchurch** – 2pm to 4pm, City South Library Learning Centre, 66 Colombo Street, Contact: Kyoko Giebel – aakaasha@glenrowan.nz / 03 329 4789

**17/2/19 New Brighton** – 2pm to 4pm, Nova Montessori School, 55 Owles Terrace, Contact: Pauline Matsis – paulinematsis@gmail.com / 03 312 1470

**19/2/19 Nelson** – 7pm to 9pm, Fairfield House, 48 Van Diemen Street, Contact: David Simoni – dsimoni@me.com

**26/2/19 Palmerston North** – 7pm to 9pm, Theosophical Society Hall, 304 Church Street, Contact: Nadya Kaplyukov, mua\_mail@yahoo.com

**28/2/19 Hamilton** – 7pm to 9pm, Celebrating Age Building, 30 Victoria

Street, Contact: Clive Elwell – clive.elwell@gmail.com / 022 085 7184

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## **J. Krishnamurti Retreat – The Turning Point February 22 – 24 February 2019**



The Krishnamurti Association in New Zealand will be holding a Retreat in late February 2019. The Retreat will start at midday, with lunch, on Friday 22<sup>nd</sup> and finish on Sunday 24<sup>th</sup>, following lunch. The programme will focus on Krishnamurti's theme of "The Turning Point" and will include a mix of videos related to the theme, and group dialogues where Krishnamurti's teachings can be explored in more depth. If the weather permits there will be opportunity for walks as the Centre is located in the beautiful Waitakere Ranges west of Auckland. It is also

just 10 minutes' drive from Te Henga/Bethells Beach.

In relation to the theme of this Retreat Krishnamurti said, *"If robots and computers can do all that human beings can, what is to become of humanity as a social entity? How shall a human being, who is actually the rest of mankind, face this crisis, this turning point? Can you look at yourself not as a separate human being but as actually the rest of mankind? We have to examine the whole of thought because it is responsible for deeper as well as superficial layers of consciousness. Thought is limited, being a reaction of memory, so is its action limited and creating conflict?"*

**Places are limited so book early to avoid disappointment.**

**Please e-mail the Secretary at [kanzadmin@gmail.com](mailto:kanzadmin@gmail.com) to make a booking or ask any questions.**

**Cost: \$246 including all meals (vegetarian) and accommodation.**

**Email: [kanzadmin@gmail.com](mailto:kanzadmin@gmail.com)**

**Website: [www.kanz.org.nz](http://www.kanz.org.nz)**

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## **Krishnamurti Foundation of America Annual Gathering**





The Annual Krishnamurti Foundation of America Gathering was held on May 12th and 13th, 2018, and took place at the Krishnamurti Educational Center (KEC) in Ojai, California. Friends both local and from around the world came to listen to speakers, participate in discussions and dialogues, attend workshops, and simply hang out with friends old and new.

The American Foundation chose an educational theme this year, Insights Into Education, the same as the title of the recently published book. The book is a compilation of Krishnamurti elaborating on different aspects of the kind of education he envisaged. The book can be purchased [here](#).

*What Krishnamurti proposed was a different approach to learning altogether, one that distinguishes itself radically from what we normally understand by that term: the accumulation of knowledge, with its application and testing. For, by thus narrowing down our understanding to the pragmatic and the measurable, we forfeit the opportunity to*

*probe deeply and to awaken intelligence in our students and ourselves. What is meant by intelligence in this context is not the capacity to memorise and measure, but that subtler ability to see the whole which comes alive in a human being when he/ she sees the limits of the measurable. To awaken this intelligence is the goal of education. (From Stephen Smith, the editor of the book [Insights Into Education](#)).*



## **Mark Lee: Knocking at the Open Door**

Mark Lee is a trustee of the KFA and the KFI and has had a fifty year association with the Krishnamurti teachings and the Foundations. He was principal of the Rishi Valley Junior School from 1965 to 1972 and founding director of the Oak Grove School in Ojai, California, from 1975 to 1985. He served as executive director of the Krishnamurti Foundation of America for twenty years and was director of Krishnamurti Publications for five years.

The presentation can be viewed [here](#).  
(Please note the video has a long preamble and the actual talk starts 18 minutes in).

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## The Earliest Sound Films of Talks by Krishnamurti



The earliest sound films of Krishnamurti speaking to audiences were produced and broadcast in America by the National Educational Television Network- it was the first time that he had allowed his talks and discussion groups to be filmed. The principal settings are the Oak Grove in Ojai, California, and the Thacher School in the Ojai Valley. There are eight films in the series.

**Meditation**  
**Film 4 Ojai, California, USA**  
**January 1, 1966**



Our minds deteriorate as one grows older, or even when one is young. Is it possible to end the decaying process of the brain, and likewise to keep the body alert and energetic? Can the mind rejuvenate itself?

Is one aware of the image one has created about oneself? Is the image different from the image-maker? The observer who is aware of that image feels himself to be different from it and strives to alter it. But effort, struggle on the part of the observer, is one of the factors of deterioration. The observer is the image, not the factor of rejuvenation.

Meditation is freeing the mind from the known.

Watch the film [here](#).

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## The Ego/Self-System Part I: A Historical Perspective



The ego/self-system is a large, complicated and dynamic system, and examining it requires a series of articles in order to gain a wider understanding of its elements and dynamics. And, as the title implies, the ego cannot be separated from the *self*. They form a system, the exploration of which has been added to and changed by different disciplines over the past century, and recently, new information from neuroscience has brought about dramatic additions and changes to these old concepts. However, even though much uncertainty remains

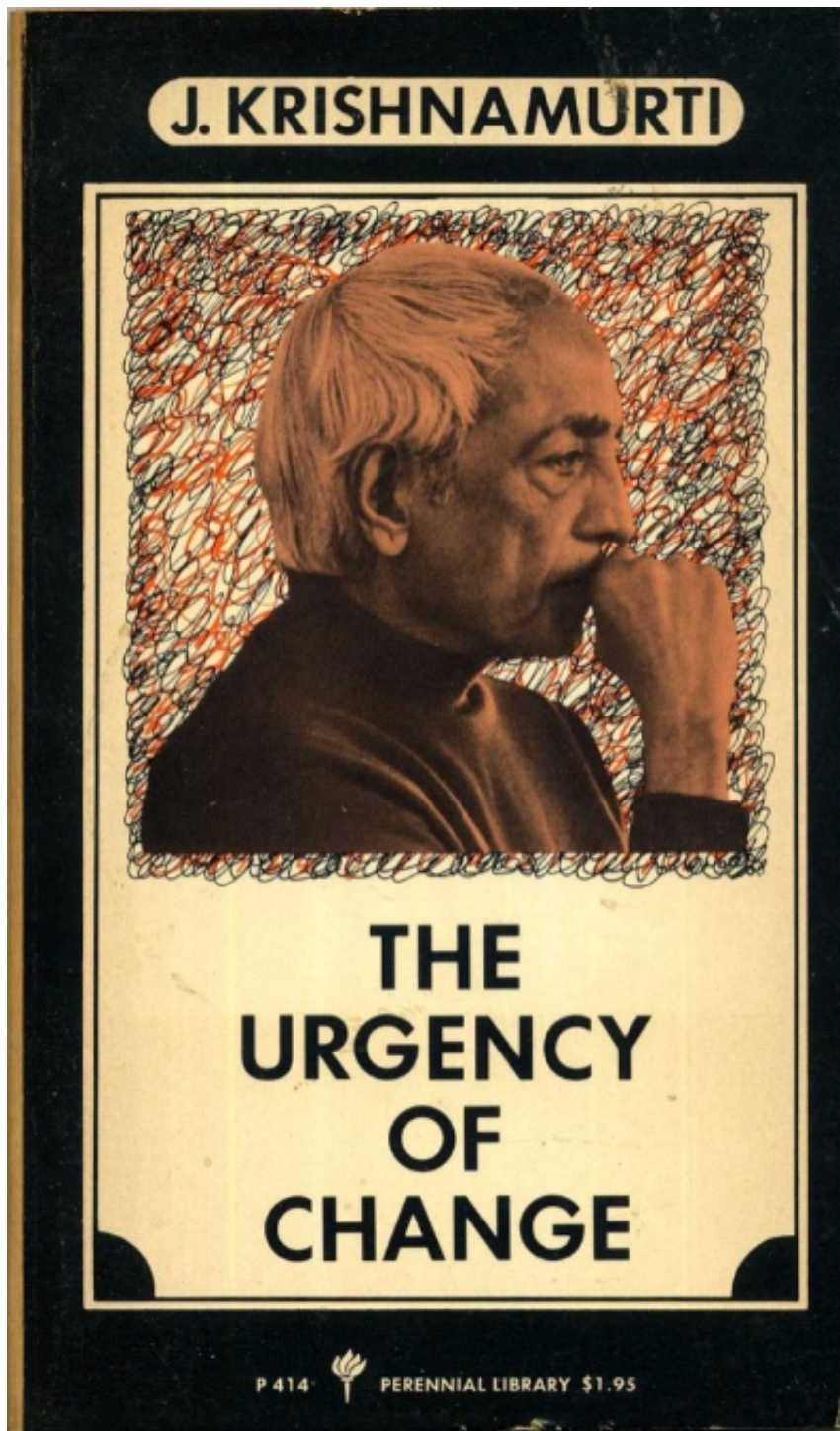
concerning consciousness, ego has been mapped out to some degree.

I think it will be valuable to look closely at past and current positions to see if a working model of the ego can be assembled. Major questions will arise as the subject is explored. Is ego dangerous or helpful? Does it add to our lives, or is it a dangerous psychological prison? Is it a collective or individual system or both? How about free will and self-determination; are they real?

Read article [here](#).

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## **Book Review – The Urgency of Change**



The [Krishnamurti Postal Library](#) has separate sections for Krishnamurti "In Dialogue", (which was covered in the last Newsletter), and Krishnamurti "Talking With People". "People" refers to ordinary, anonymous, human beings who came to K with common human problems. As such, these books often have a special meaning for the reader.

"The Urgency of Change" is one such book. As it says in the dust-jacket:

*“Hundreds of men and women everywhere have met him individually and discussed with him the innumerable personal problems of their varied lives, spontaneously and freely. These self-revelations and ponderings have been expressions of intensely emotional experiences and not merely philosophical inquiries of the intellectual speculative search for solutions and remedies. Often there has been a complete communion of minds, earnest seeking and sudden illumination. This direct communion and deep listening had brought valuable discoveries in the world of human consciousness”.*

Some of the issues raised in this book are:

- ***How to Live in this World***
- ***Conflict***
- ***The Religious Life***
- ***Suicide***
- ***Love and Sex***
- ***The Heart and the Mind***
- ***Dependence***
- ***The Individual and the Community***

Here is an excerpt from the section on “Dependence”:

*Being nothing, being a desert in oneself, one hopes through another to find water. Being empty, poor, wretched, insufficient, devoid of interest or importance, one hopes through another to be enriched. Through the love of another one hopes to forget oneself. Through the beauty of another one hopes to acquire beauty. Through the family, through the nation, through the lover, through some fantastic belief, one hopes to cover this desert with flowers. And God is the ultimate lover. So one puts hooks into all these things. In this there is pain and uncertainty, and the desert seems more arid than ever before. Of course it is neither more nor less arid; it is what it was, only one has avoided looking at it while escaping through some form of attachment with its pain, and then escaping from that pain into detachment. But one remains arid and empty as before. So instead of trying to escape, either through attachment or through detachment, can we not become aware of this fact, of this deep inward poverty and inadequacy, this dull, hollow isolation? That is the only thing that matters, not attachment or detachment. Can you look at it without any sense of condemnation or evaluation? When you do, are you looking at it as an observer who looks*

*at the observed, or without the observer?*

“The Urgency of Change” is just one of the many books available for loan from the postal library. For a full catalogue, see:

<http://www.krishnamurti-nz.org/library>

## Christchurch Dialogue Meeting

Next Meeting Saturday, 19 January, 2:00pm – 4:00pm

**Sydenham Room At South Learning Centre**

**Christchurch City South Library**

**66 Colombo Street**

(Please use After Hours Entrance facing the river)

**Enquiries:** [aakaasha@glenrowan.nz](mailto:aakaasha@glenrowan.nz), 03 329 4789

### Showings of Krishnamurti videos and group dialogues:

#### CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / [paulinematsis@gmail.com](mailto:paulinematsis@gmail.com)
- monthly: contact Kyoko Giebel 03 329 4789 / [aakaasha@glenrowan.nz](mailto:aakaasha@glenrowan.nz)

#### PALMERSTON NORTH

- contact Nadya Kaplyukova / [mua\\_mail@yahoo.com](mailto:mua_mail@yahoo.com)

#### HAMILTON

- contact: Clive Elwell 022 085 7184 / [clive.elwell@gmail.com](mailto:clive.elwell@gmail.com)

#### AUCKLAND

- the last Sunday of every month: contact Krishna Umara 09 488 7482 / [krishna.umaria@gmail.com](mailto:krishna.umaria@gmail.com)



Postal lending library of books, dvd's, and cd's – [www.krishnamurti-nz.org/library](http://www.krishnamurti-nz.org/library)



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## Krishnamurti Association in New Zealand

[www.kanz.org.nz](http://www.kanz.org.nz)

e-mail: [kanzadmin@gmail.com](mailto:kanzadmin@gmail.com)

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